



CCC Small Groups
Leaders Guide

The Bridge
Session 4
Casting Prayers

Scripture base for tonight's session:

1 Peter 2 v 13-14

1 Peter 5 v 5-11

Kenn defined prayer as a “pouring out of our emotions and feelings” to God. He said that many believers are still suppressing their feelings and emotions and not allowing them to pour forth.

- Are you one of them?
- Have you understood the principle of casting prayers?
- Are you aware that God invites us to pray in this way?

Kenn spoke about “submission to sinful authority” and how difficult it can be. He said that the doing of right when others are taking advantage of you is truly spiritual warfare.

- How does this make you feel?

Kenn spoke about Humbling ourselves (especially when we are powerless to change circumstances) and how this evokes powerful emotions.

- Have you ever been in a situation like that?
- How did you feel?

Kenn spoke of the great exchange.

- Are you praying in this way?

What can we learn from the following examples of casting prayer from David’s life?

- Psalm 3:1-4, Psalm 13, Psalm 25: 16-21