



CCC Small Groups Leaders Guide

Session 5 Prayers of The Holy Spirit

Scripture Base for Tonights Session.

Romans 8:26-27

John 11:33, 38.

Hebrews 5:7

Romans 8:23

1 Corinthians 14:2-5, 15-15, 18, 39.

Jude 1:20

Have you ever truly considered just how the Holy Spirit helps us in our prayer life?

Kenn spoke of how Jesus experienced a deep groaning within His spirit at the death of His friend Lazarus and the pain of loss He saw in Martha and Mary.

- Have you ever felt a deep discomfort (groaning) in your spirit over something that was not right?
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- How did that longing for God to move in the situation leave you feeling?

Kenn said that ‘Our spirits desire change now but our minds and experiences lag behind at a slower pace’.

- Can you share an example of this from your own life.

Jude exhorts us to “pray in the power of the Holy Spirit”

Kenn spoke of the gift of Tongues as being a spiritual tool to deepen our prayer life and help us to connect deeper with the Lord

- Do you actively use or are you seeking after this spiritual gift?
- If you use the gift of Tongues can you share how this has deepened your prayer life?

Kenn spoke of how all spiritual gifts are for our benefit and how Paul wished that all used the gift of tongues just as he did. If you do not have this gift why not asks for someone in your group to pray for you right now.