



CCC Small Groups Leaders Guide

We Are Family  
Part 4 of 6

Sincerity

Romans 12:9-13

Text - Romans 12:9-13.

- Ask your group to describe the difference between “Sincere” and “Insincere”

How do we see both expressed in,

- A. Friendship?
- B. Marriage?
- C. Parenting?

Relational viruses.

- We live in an imperfect world wherein people are entering adulthood in record numbers as being dysfunctional when it comes to relationships.
- What do relational viruses look like?
- Have you any personal experience of having a relational virus yourself or dealing with someone else who has one?

Toxic Attitudes.

- As a group, explore the 9 toxic attitudes.
- Are any present in group members?
- Take time to pray for one another.

Remember, ‘Hurt people hurt people.’  
But, ‘Healed people, heal people.’

## **Toxic Attitudes**

Jerry Cook, writing in 'Jesus Our Hope for Wholeness' identifies the following 'Toxic Attitudes'.

### **The Egotist** - (I am everything)

The tell-tale signs are - self-referenced, Self-driven, Relationally Parasitic, Incapable of healthy self-sacrifice

### **The Victim** - (Relief is everything)

The tell-tale signs are - Negative, depressed, complaining, isolated, bitter, and resentful

### **The Fighter** - (Winning is everything)

The tell-tale signs are - Competitive, Views people as objects to use

### **The Perfectionist** - (Perfection is everything)

The tell-tale signs are - driven person, Polite but never at ease, cannot stand flaws in self or others

### **The User** - (Achievement is everything)

The tell-tale signs are - establishes relationships of convenience, task focused

### **The Chameleon** - (Acceptance is everything)

The tell-tale signs are -viewing disappointment as lethal, assumes non-acceptance, shallow relationships, lack of personal integrity, guilt & anger

### **The Escapologist** - (Freedom is everything)

The tell-tale signs are - making short term commitments, builds shallow relationships

**The Power Broker** - (Control is everything)

The tell-tale signs are - sacrificing friends & ethics for power, uses relationships to control

**The Run Away Truck** - (Having My own way is everything)